

Jump on Trampoline for 20 mins	Help with outdoor chore	Skip rope for 10 mins.	Empty the dishwasher
Water Balloon Fight	Clean Bathroom Sink	Run through sprinkler	Tidy the floor in your room
GO FOR BIKE RIDE	Fly a Kite	Bean bag toss for 20mins.	Do something nice for someone in your family
Pick a craft from the books downstairs and make it	Set and clear the table for lunch	Give the dog a bath	Make something in the kitchen using measuring cups
Write a letter to someone	MAKE WAFFLES or pancakes WITH DAD	Make a collage of animal pictures from magazines	Visit the library

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